Student Voice
Healthy Food at UCR
Based on Hundreds of Students across All Four Campuses

Student Diets
The Majority of Students do not have any major dietary restrictions but feel vegan options are lacking.
Students with Dietary Restrictions: 16%

Food Options
Many students criticize the high price of healthy items over junk food. The Habit was also repeatedly mentioned to not promote healthy eating.
Students that want More Food Variety: 49%

Healthy Choices
Students that Believe they Make Healthy Choices: 27%
Students report that they believe they make healthy eating choices. However, due to price and availability, they generally bring food from home.

In House Dining
Students that Bring Food from Home: 45.9%
Students report that they believe they make healthy eating choices. However, due to price and availability, they generally bring food from home.

Decrease Healthy Food Prices
Increase Variety of Healthy Options
Provide more Microwaves for Home Meals