6 Months after Graduation

73% Employed
16% Post-Graduate Program
10% Seeking Employment
1% Not Seeking Employment

*These statistics were collected from the class of 2016 in a survey that was given six months after graduation.

#HireHighlanders  #UCRCareerReady
Did You Know?

THIS IS HOW UCR STUDENTS REPORTED FINDING THEIR FIRST JOB AFTER COLLEGE.

#HireHighlanders  #UCRCareerReady

Source of Job

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advancement/Promotion</td>
<td>3%</td>
</tr>
<tr>
<td>Career Center</td>
<td>15%</td>
</tr>
<tr>
<td>Direct Contact with Employer</td>
<td>11%</td>
</tr>
<tr>
<td>Internship Converted to Career</td>
<td>6%</td>
</tr>
<tr>
<td>Networking</td>
<td>38%</td>
</tr>
<tr>
<td>Online or Print</td>
<td>18%</td>
</tr>
<tr>
<td>Other</td>
<td>4%</td>
</tr>
<tr>
<td>Social Media</td>
<td>5%</td>
</tr>
</tbody>
</table>
Did You Know?

We offer career assessments as a resource to help you get to know yourself and the careers that will inspire you. Meet with a counselor to determine the best assessment for you.

#HireHighlanders  #UCRCareerReady
Did You Know?

28,818 Total Unique Student Contacts

- Students Who Came to See Us
  - Marlan and Rosemary Bourns College of Engineering: 13%
  - School of Business: 13%
  - College of Humanities, Arts, and Social Sciences: 52%
  - College of Natural and Agricultural Sciences: 21%
  - Other: 1%

547,964 Website Visits 2016-17

#HireHighlanders  #UCRCareerReady

(951) 827-3631  CAREERS.UCR.EDU
A modern, on-the-go platform designed especially for college-based recruiting for jobs, internships, events and resources.

- Students gain access to job/internship postings from 200,000+ employers around the world, including all Fortune 500 companies!
- Employers enjoy a faster, more user-friendly experience to post jobs and view applicants.
A personalized feed of jobs, internships, events and resources — like Netflix but for careers!

A “Favorite” option to know when top employers are posting jobs and coming to campus.

A seamless experience across all devices: phones, tablets and computers.
Create a Handshake Account

1. Log into [go.ucr.edu/ucrhandshake](go.ucr.edu/ucrhandshake) with your UCR username and password.

2. Complete your UCR Handshake profile by adding your resume, photos, skills and more. Make your profile public to employers.

3. Click "Jobs" in the menu bar and start applying. Save searches and sign up for notifications about future opportunities that match your interests!
BEWARE OF JOB FRAUD
Learn the red flags to look out for in your job search.

- They’re asking you to shop for them.
- You have to send them money.
- The job sounds too good to be true.
- The job they offer isn’t the one you applied for.
- They won’t meet you in person.
- You can’t verify their information.
- They’re asking for personal information.
- You’ll be working from home.

Learn more about job fraud and how to protect yourself at careers.ucr.edu or contact a career counselor today.

UCR Career Center
CAREERS.UCR.EDU • (951) 827-3631
#UCRCareerReady
CHOOSING A MAJOR
AGENDA

Major Choice: Fact or Myth
The Major Planning Process
Career Center & Exploration Resources
Fact or Myth # 1

Making a decision on your major as soon as possible helps you focus on your studies and makes your college experience more satisfying.

Myth
Fact

Early major choice is associated with:
• More frequent major change

80% of students change their major at least once

Major exploration can lead to:
• Knowledge of all the options
• Identifying a major that fits interests and skills

-US News and World Report
Fact or Myth # 2

Students with non-technical majors have trouble finding jobs because they don't have any marketable skills.

Myth
Fact

According to the 2014 study on Liberal Arts and Employment:

“93% of employers agree that candidates’ demonstrated capacity to think critically, communicate clearly, and solve complex problems is more important than their undergraduate major.”

-Association of American Colleges and Universities

Employers value non-technical majors and their broad knowledge
Career Decision Making Model

1. **Know Yourself**
   - Identify your values, interests, personality type, skills and strengths.

2. **Explore Options**
   - Research career options.

3. **Gain Experience**
   - Reality-test fields of interest.

4. **Take Action**
   - Further develop your skills, network and job search strategy.
The first step in making a career decision is to identify your values, interests, personality type and skills.

These important “who am I?” pieces will help you generate career ideas that may be a good fit.
ASSESSMENT TOOLS AVAILABLE THROUGH CAREER CENTER

✓ Strong Interest Inventory
✓ Myers Briggs Type Indicator
✓ Focus 2 (on Handshake)
✓ Career Leader ($20 Fee)
Assess: Who Am I?

- Creative
- Persuasive

- Travel
- Health

Personality

Values

Skills

Interests

- Continual Learning
- Helping Others
- Collaboration

- Leadership
- Public Speaking

Jonathon
Activity: Quick Self-Assessment

Personality

Interests

Values

Skills
Access Code can be found on Handshake
First time user, please create your account here!
Welcome!
University of California Riverside
Let's get started developing your personalized career and education plans!

My Career Planning Readiness
START

My Academic Strengths
START

Self Assessment
Discover majors and occupations that match your personal attributes

Work Interest Assessment
START

Values Assessment
100%

Personality Assessment
100%

Skills Assessment
100%

Leisure Assessment
100%

Combine Assessments
4/5 Completed

Explore the Possibilities
Use these tools for ongoing career and education exploration
Your Personality Type

- You focus your attention on the exploration of new ideas that can lead to improvements that can benefit people.
- Your approach to new projects is to be open minded, flexible and committed to the project goals.
- You like to work with other people who share your values and interests.
- You are enthusiastic, spontaneous, and strive for perfection in subjects that appeal to you.

Choosing Your Career:

People with your personality type are attracted to occupations that can make a contribution to society, help other people, and improve the knowledge and the well being of others. Examples of such occupations are found in the fields of teaching, counseling, health sciences, literature, art and psychology.
### Occupations Matching Your Results

<table>
<thead>
<tr>
<th>OCCUPATION</th>
<th>SUPPORTING MAJORS/PROGRAMS AT UNIVERSITY OF CALIFORNIA-RIVERSIDE</th>
<th>NATIONAL MEDIAN SALARY</th>
<th>JOB FAMILY</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACADEMIC ADVISOR</td>
<td>Education</td>
<td>$55,030.00</td>
<td>Community &amp; Social Service</td>
</tr>
<tr>
<td>ACTOR/ACTRESS</td>
<td>Visual and Performing Arts, Dance, Theater and Drama, Film/Cinema Studies, Music</td>
<td>$74,817.00</td>
<td>Arts, Entertainment, Sports, &amp; Media</td>
</tr>
<tr>
<td>ADMISSIONS COUNSELOR</td>
<td>Education</td>
<td>$36,500.00</td>
<td>Community &amp; Social Service</td>
</tr>
</tbody>
</table>
EXPLORE: UCR COLLEGES/SCHOOLS

What majors are offered by which Colleges/Schools?

CHASS
CNAS
BCOE

School of Business (Undergraduate Business Program)

✓ What about minors -- how do they figure into the picture?
✓ Are concentrations in certain areas possible?
✓ When do you need to declare a major?
  • Check with your academic advisor on the details (major concentrations, deadlines to declare major, etc.)
EXPLORE: MAJOR = CAREER?

Career Specific
- Accounting, Engineering, Nursing

Industry Related
- Business Administration, Arts, Theater, Music

Non Career Specific
(Major and Career related by Interest and Skills)
- Sociology, Psychology, Mathematics, Art History
EXPLORE: CAREERS RELATED TO YOUR MAJOR

Find a Career in Your Major

Most students are very surprised at the flexibility that comes with ANY major. A degree in engineering can lead to a career in finance, while a history degree can lead to a job in the healthcare field.

The links below list common generic majors. Choose the one closest to your major for a list of typical job titles, job descriptions, potential employers, and the training and level of degree you’ll need to pursue specific jobs.

If you want to know more after exploring the links below, call (951) 827-3631 and schedule an appointment, or stop by during drop-in hours to speak with a counselor.
EXPLORE: ASK QUESTIONS

✓ Talk to…

  Academic Advisors          Grad Students
  Faculty                      Alumni
  3rd/4th Year Students        Career Counselors

✓ Look for ways to combine interests through your choice of major(s), minor(s) and areas of concentration

✓ Think about the skills/experiences you would like to gain to complement your major
<table>
<thead>
<tr>
<th><strong>Sociology</strong></th>
<th><strong>English</strong></th>
<th><strong>Art</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Specific:</strong></td>
<td><strong>Specific:</strong></td>
<td><strong>Specific:</strong></td>
</tr>
<tr>
<td>Human behavior, interaction, organization</td>
<td>English language history</td>
<td>Photography</td>
</tr>
<tr>
<td>History, comparative perspective of societies</td>
<td>Literature analysis</td>
<td>Digital art</td>
</tr>
<tr>
<td>Quantitative analysis</td>
<td>Composition principles</td>
<td>Video</td>
</tr>
<tr>
<td><strong>Transferable:</strong></td>
<td><strong>Transferable:</strong></td>
<td><strong>Transferable:</strong></td>
</tr>
<tr>
<td>• Possesses proficiency in interpersonal communication and networking</td>
<td>• Reads carefully and analytically</td>
<td>• Possesses aptitude for spatial relationships</td>
</tr>
<tr>
<td>• Communicates ideas thoughtfully and creatively</td>
<td>• Articulates problem solving and goal oriented results</td>
<td>• Meets deadlines</td>
</tr>
<tr>
<td>• Knows community resources</td>
<td>• Evaluates and integrates information</td>
<td>• Makes critical observations and appropriate decisions</td>
</tr>
<tr>
<td>• Evaluates problems and makes appropriate decisions</td>
<td>• Makes critical observations and appropriate decisions</td>
<td>• Recognizes differences in shapes, shading, and color</td>
</tr>
<tr>
<td>• Maintains composure in stressful situations</td>
<td>• Possesses a comprehensive command of grammar and vocabulary</td>
<td>• Articulates problem solving and goal oriented results</td>
</tr>
<tr>
<td>• Articulates problem solving and goal oriented results</td>
<td>• Communicates ideas thoughtfully and creatively</td>
<td>• Possesses good manual dexterity</td>
</tr>
<tr>
<td>• Makes critical observations and appropriate decisions</td>
<td>• Listens, clarifies, questions, and responds well</td>
<td>• Communicates ideas and emotions creatively</td>
</tr>
</tbody>
</table>
# Add to Your Tool Box

**NACE Job Outlook 2018: Top 10 qualities/skills**

<table>
<thead>
<tr>
<th>1. Problem Solving</th>
<th>6. Analytical/Quantitative Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Ability to work in a team</td>
<td>7. Communication Skills (Verbal)</td>
</tr>
<tr>
<td>3. Communication Skills (Written)</td>
<td>8. Initiative</td>
</tr>
<tr>
<td>4. Leadership</td>
<td>9. Detail Oriented</td>
</tr>
<tr>
<td>5. Strong Work Ethic</td>
<td>10. Flexibility/Adaptability</td>
</tr>
</tbody>
</table>
EXPERIENCE

What can I do to help me through the process of choosing a major?

✓ Consider the following…
  - Sit in/take a class
  - Conduct Informational Interviews
  - Undergraduate Research
  - Student Organizations
  - Work-Study
  - Internships/Volunteering
TAKE ACTION: NEXT STEPS?

✓ Take the **Focus 2** assessments found in Handshake

✓ Think about at least one goal that you plan to accomplish this week and write it down
What resources are available??
CAREER CENTER RESOURCES

✓ Drop-in hours

✓ Individual counseling

✓ Assessments – Focus 2, MBTI, SII, Career Leader

✓ Occupational Information – Workshops, Panels and Information Sessions, Career Center Library, Career Insider

✓ Internship information

✓ Career Center – Careers in Your Major
EXPLORATION RESOURCES

✓ Course Catalog
  Upper Division Courses

✓ ONET (Occupational Information Network)
  http://online.onetcenter.org

✓ OOH (Occupational Outlook Handbook)
  http://www.bls.gov/ooh
Career Development Programs

Guiding You to Career Success

UCR's Career Center offers a variety of programs to assist all students on their career path, providing guidance on resume writing, job searching and interviewing. The Career Center also provides specialized programming for underrepresented student groups, including first-generation college students, undocumented students and student veterans.

ASPIRE

ASPIRE — Abilities-focused Students: Planning, Informing, Resource building, Exploring employment — is a career development and professional leadership program focused on the enhancement and exploration of career skills and transferable life skills for undergraduate
ASPIRE (Abilities-focused Students: Planning, Informing, Resource building, Exploring employment)

Get HIRED (Help International students Reach Employment Destinations)

Internship Success Program

Operation VETS (Veteran, Employment, Transition, Success)

ORBITS (Obtain Resources, Become Informed, Target Success)
More Questions??
Hours:
Mon. - Fri. 8 am to 5 pm
except Wed. 9 am to 5 pm

Drop-In Hours:
Mon. - Thurs. 10 am-3pm
Fri. 10 am-12 pm