

Mobile Fit Fall 2019

September 30, 2019 - December 6, 2019

Holidays November 11, 2019, November 28-29, 2019

Chair Massage Registration: <http://bit.ly/chairmassage-rivera>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Core Fit 12:05-12:45 pm C&C Building 119 charlene.chan@ucr.edu</p>	<p>Get Fit/Core Fit 12:15-12:45 pm College Bldg. North 205 joyleen.salas@ucr.edu</p>	<p>Core Fit/Stretch Well 10:30-11:00 am SRC MPR A jescelyn.villarreal@ucr.edu</p>	<p>Core Fit/Get Fit 12:15-12:45 pm College Bldg. North 205 joyleen.salas@ucr.edu</p>	<p>Stretch Well 12:15-12:45 pm Registrar Student Services Bldg. 2201 melinda.miller@ucr.edu</p>
<p>Core Fit/Get Fit 12:15-12:45 pm Anderson Hall (021) basement william.manes@ucr.edu</p>	<p>Get Fit 12:15-12:45 pm Registrar Student Services Bldg. 2201 melinda.miller@ucr.edu</p>	<p>Core Fit/Get Fit 12:15-12:45 pm Anderson Hall (021) basement william.manes@ucr.edu</p>	<p>Stretch Well 12:15-12:45 pm UV Suite 202 melissa.garrey@ucr.edu</p>	<p>Core Fit/Get Fit 12:15-12:45 pm Anderson Hall (021) basement william.manes@ucr.edu</p>
<p>Hula 12:15-12:45 pm Bannockburn J102 penni.ebina@ucr.edu <i>Begins 10/14</i></p>	<p>Get Fit 12:15-12:45 pm UC Intellicenter - 1st Floor Training Rm Kristen.West@medsch. ucr.edu</p>	<p>Stretch Well 12:15-12:45 pm Bannockburn J102 penni.ebina@ucr.edu</p>	<p>Combo 12:15-12:45 pm UC Intellicenter - 1st Floor Training Rm Kristen.West@medsch.uc r.edu</p>	<p>Cardio Kickboxing 12:15-12:45 pm Bannockburn J102 penni.ebina@ucr.edu</p>
<p>Stretch Well 12:15-12:45 pm Hinderaker 1127 lily.barger@ucr.edu</p>		<p>Get Fit 12:15-12:45 pm Life Sciences and Psychology Building - 2550 sherice.underwood@ucr.edu</p>	<p>Chair Massage <i>Every Other Thursday</i> Oct. 3, 17, 31 Nov. 14 Dec. 5 1:00 - 4:00 pm Rivera Library 430 melanie.ramiro@ucr.edu</p>	
<p>Stretch Well 12:15-12:45 pm Olmsted Hall 3324 anna.medina@ucr.edu</p>		<p>Stretch Well 12:15-12:45 pm Pierce 1305 maira.mercado@ucr.edu</p>		
<p>Get Fit 12:15-12:45 pm UV Suite 202 melissa.garrey@ucr.edu</p>		<p>Core Fit 12:05-12:35 pm C&C Bldg. 119 charlene.chan@ucr.edu</p>		
<p>Core Fit 1:30-2:00 pm Physics Bldg. 2144 derek.beving@ucr.edu</p>	<p>Core Fit 1:30-2:00 pm Physics Bldg. 2144 derek.beving@ucr.edu</p>	<p>Core Fit 1:30-2:00 pm Physics Bldg. 2144 derek.beving@ucr.edu</p>		
		<p>Stretch Well 12:15-12:45 pm Sproul 1215 susan.komura@ucr.edu</p>		