What does the Campus Health Center offer in the way of women's health?

The Campus Health Center provides high quality women's healthcare in a friendly and confidential atmosphere. Routine gynecological exams are important to prevent disease, to provide for early detection of cancers of the cervix and breast, and to detect sexually transmitted infections. They also can promote uncomplicated pregnancies and prevent sterility. Services are free of charge (except for prescription co-pays) to those with the University Student Health Insurance Plan. Services are low-cost to those with private insurance. Ask your provider about expenses before you agree to tests or treatment.

How often should I have a pap smear or exam?

This is determined in part by your age and whether you are sexually active. The Campus Health Center follows the guidelines of the American Congress of Obstetricians and Gynecologists. Your provider will advise you on how often you'll need an exam. Of course if you are having discomfort, abnormal bleeding, breast changes, or have any concerns you should come in promptly.