

# Student Voice Healthy Food at UCR

*Based on Hundreds of Students  
across All Four Colleges*

## Student Diets

The Majority of Students do not have any major dietary restrictions but feel vegan options are lacking.

Students with Dietary Restrictions:

**16%**

## Food Options

Many students criticize the high price of healthy items over junk food. The Habit was also repeatedly mentioned to not promote healthy eating.

Students that want More Food Variety:

**49%**

Decrease Healthy Food Prices

Increase Variety of Healthy Options

Provide more Microwaves for Home Meals

Students that Believe they Make Healthy Choices:

**27%**

Students report that they believe they make healthy eating choices. However due to price and availability, they generally bring food from home

Students that Bring Food from Home:

**45.9%**

Students report that they believe they make healthy eating choices. However due to price and availability, they generally bring food from home

## Healthy Choices



## In House Dining

